



## Informed Consent for Acupuncture Treatment

By signing below, I do hereby voluntarily consent to be treated with acupuncture and/or other medicines within the East Asian Medicine Practitioner scope of practice. I understand that in the state of Washington acupuncturists are not primary care providers and, therefore, the patient should seek advice from a primary care physician.

**Practitioner Qualifications:** I, Ben Dorfman, graduated from McDaniel College in Westminster Maryland, in 2008 with a Bachelors of Arts degree. I graduated from Bastyr University in Kenmore Washington, with a Master of Science Degree in Acupuncture and Oriental Medicine in 2011. I passed the National Board Examination given by the National Certification Commission for Acupuncture and Oriental Medicine (NCCAOM) and I was designated a Diplomat of Acupuncture and Oriental Medicine in 2011. I am currently licensed in the state of Washington as an East Asian Medicine Practitioner.

Issue Date: 12/30/2011; License #AC60263618

**Scope of Practice:** I hereby authorize Ben Dorfman to perform treatments within the scope of practice for an East Asian Medicine Practitioner including (but not limited to):

- **Acupuncture:** The use of pre-sterilized, disposable acupuncture needles or lancets to directly or indirectly stimulate acupuncture points and meridians.
- **Electrical, Mechanical or Magnetic Stimulation of Acupuncture Points:** Using small amounts of electricity to stimulate acupuncture points and meridians or using mechanical or magnetic devices to stimulate acupuncture points or meridians.
- **Moxibustion:** The burning of prepared herbs on or near the body to warm, strengthen, and relieve symptoms. Moxa comes in several forms including stick, cone, rice grain or stick on.
- **Acupressure:** Traditional Chinese medical massage and manual therapy.
- **Cupping:** Glass cups are placed on the skin with a vacuum created by heat or suction device.
- **Dermal-friction Technique (Gwa-hsa):** Friction is applied topically to the skin using a smooth object to relieve symptoms.
- **Infrared Heat:** Applying heat generated by an infrared lamp over a specific area of the body.
- **Sonopuncture:** The use of sound to stimulate acupuncture points or meridians.
- **Laserpuncture:** Laser light beams are applied to the acupuncture points to help stimulate the flow of chi and promote healing.
- **Dietary Advice and Health Education Based on East Asian Medical Theory:** Suggestions for nutrition and herbal food products including herbs, vitamins, minerals, and dietary and nutritional supplements.
- **Breathing, Relaxation, Stress Reduction, Lifestyle Enhancement and East Asian Exercise Techniques**
- **Qi Gong:** an internal Chinese meditative practice that often uses slow graceful movements and controlled breathing techniques to promote the circulation of qi within the human body, and enhance a practitioner's overall health.
- **East Asian Massage and Tui Na:** Bodywork characterized by kneading, pressing, rolling, shaking, and stretching of the body. This does not include spinal manipulation.
- **Superficial Heat and Cold Therapy**

- **Aquapuncture:** Point injection therapy.
- **Liniments, Oils, and Plasters:** herbal formulas applied topically to the skin.

**Potential Benefits:** Potential benefits include drugless relief of presenting symptoms and improved balance of body energies that may lead to the prevention, improvement or elimination of the presenting problem.

**Potential Risks:** Potential risks include some pain following treatment in insertion area, minor bruising, a burn, blistering, bleeding, infection, numbness or tingling at or near the site of the procedure, temporary discoloration of the skin, broken needle, needle sickness, possible aggravation of symptoms existing prior to the acupuncture treatment, and dizziness or fainting. Unusual risks of acupuncture include spontaneous miscarriage, nerve damage, and organ puncture, including lung puncture (pneumothorax).

You must notify me prior to receiving treatment if you have a bleeding disorder, a pace maker, are pregnant or have any serious health related issues or conditions.

**Use of Disposable Needles:** To reduce the possibility of infection, all needles used are pre-sterilized, one- time use needles made of surgical stainless steel. After each treatment, needles are disposed of as medical waste. Needles are never reused.

**Confidentiality of Medical Records:** All medical records will be kept confidential as provided by law. Your medical records will not be release to anyone without your written consent. Your privacy will be protected.

**Requirement of Washington State Law:** Washington State Law does not permit acupuncturists to treat the following disorders without the consultation of a medical doctor:

- · Cardiac conditions including uncontrolled hypertension
- · Acute abdominal symptoms
- · Acute undiagnosed neurological changes
- · Unexplained weight loss in excess of 15% of body weight within a 3 month period
- · Suspected bone fracture or dislocation
- · Suspected systemic infection
- · Any serious undiagnosed hemorrhagic disorder
- · Acute respiratory distress without previous history or diagnosis

I have read and understand the above information. I voluntarily consent to the above procedures, with the full understanding that no oral, written, direct or implied guarantees have been given to me regarding the cure or improvement of my condition.

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Patient Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Authorized Person to Consent

\_\_\_\_\_  
Date

\_\_\_\_\_  
Ben Dorfman, E.A.M.P.

\_\_\_\_\_  
Date